

FoodFinder3 for Windows is a new software program specially developed for South Africans who are interested in the analysis of the food intake of individuals or groups of individuals.

What does FoodFinder3 include?

- **FoodFinder3** includes the latest version of the South African Food Composition Database (SAFOODS), i.e. the update on fruit and vegetables (1998) and the update on beef, milk and eggs (1999/2000) in addition to the information in the 1991 Food Composition Tables.
- The information on food quantities in the MRC Food Quantities Manual Second Edition (1991) has been included to simplify the entering of quantities of food eaten by individuals.
- The 1989 Recommended Dietary Allowances are used as standard, *but* provision has also been made for loading and using other dietary intake recommendations, including the Dietary Reference Intakes (DRI's).

What can FoodFinder3 do?

- Information on dietary intake can be entered either as food items or as food codes.
- The energy and nutrient content of recipes can be calculated and added to the database for own use.
- The energy and nutrient intake of an individual or a group of individuals can be calculated for a specific meal time, a specific day, or for several days.
- Information can be edited, viewed or deleted.
- Information entered into **FoodFinder3** can be exported to other programs, such as Microsoft Excel, for further analysis of the data.
- Printouts of the information can be made.

Special Features

- The program has been designed to meet the needs of the nutrition researcher, e.g. a name of a project and the name of study groups within the project can be recorded.
- Personal information such as name, address, etc. can be recorded for an individual.
- Observations such as weight and height can be recorded for an individual and the user can also load customised observations such as cholesterol, blood pressure, etc.
- Meal information for different meal periods (e.g. breakfast, lunch) can be entered.
- A look-up function is available for checking the nutrient content of the food items in the database.
- Information on food items, which is not in the database can be added for own use.
- A backup function is available which allows the user to keep a copy of the latest version of the data. This information can be restored later.

Large number of users

- **FoodFinder3** can be operated from a network and each client will have his/her own password which will ensure that users cannot overwrite other users' data.

What is needed?

The minimum computer hardware requirements to run the standalone version of FoodFinder3 is an IBM compatible personal computer containing a Pentium 2 microprocessor, or better, with 64 Mbytes of random access memory (RAM), 50 Mbytes of local hard disk space, the Windows™ operating system (at least Windows™98 or better) and Internet Explorer 5.01, or better. The application will run on a Pentium 2 microprocessor with 32 Mbytes of RAM but will be sub-optimal.

Your computer must have a hard drive as well as a CD Rom drive for installation purposes.

The software will be provided on a CD.

Where can I get FoodFinder3 for Windows and how much does it cost?

The software program can be ordered from the Medical Research Council and its pricing structure is given on the order form. *See order form.*

What to do if there is a problem with FoodFinder3 for Windows?

The program has a HELP function that will guide you through the different steps in the program. A manual that provides full instructions on the installation, problem solving, and who to contact if you have a problem, is included. The MRC only provides support to registered users of the program.

For more information on the program go to <http://safoods.mrc.ac.za/>

Write to the MRC at: **FoodFinder**, Technical Support, MRC, P O Box 19070, TYGERBERG 7505, or send an e-mail to: foodfinder@mrc.ac.za. You can also send a fax to **FoodFinder** on (021) 938 0310.

DISCLAIMER

*Although every attempt has been made to ensure that the analysis and information produced by **FoodFinder** (the Software) are correct and accurate the MRC nevertheless disclaims any and all warranties concerning the Software and accompanying documentation including any warranties of merchantability and/or fitness for purpose and warranties of performance and any warranty that might otherwise arise from course of dealing or usage of trade. No warranty is either express or implied with respect to the use of the Software or documentation. Under no circumstances shall the MRC be liable for special indirect direct or consequential damages or loss of profits interruption of business or related expenses which may arise from the use of the Software reports thereof or accompanying documentation including but not limited to those resulting from defects in the Software and/or documentation or loss or inaccuracy of data of any kind. The maximum liability of the MRC to any person firm or corporation arising out of the use of the Software and/or documentation shall in no case exceed the actual price paid to the MRC by the end user for a license for the Software. **FoodFinder** is a research tool and intended to be used by trained health care professionals, dieticians or medical practitioners. The software does not replace the advice of a trained professional and should always be used either by a trained professional or in conjunction with the services of a trained professional.*

*The MRC reserves the right to change the costing structure, at any time.
No order will be processed without pre-approval of the order form first.*

Title: Name and Surname: Order Date:
Organisation Name:
Postal Address:
Tel: Fax:
Mobile: Email:

FoodFinder3 Software Program Categories	Number Required	Unit Price Including VAT (14%)	AMOUNT
Standalone User 1*		R3420.00	
Undergraduate student (Special rate available until 29th September 2017)		R 500.00	
Postgraduate student (Masters/Doctorate)		R 1710.00	
up to 5 users licence *#		R 11400.00	
up to 10 users licence *#		R 18240.00	
up to 25 users licence *#		R 34200.00	
up to 50 users licence *#		R 45600.00	
		TOTAL COST	

Costing structure:

Acceptance of every order is conditional to the approval of the order form and the end user entering into an end user agreement with the MRC.

- * The price is for a licence to use the software on terms more particularly delineated in the software end user agreement. Users will be charged for an update of the database. A preferential (upgrade) price will be charged for an upgrade of the software. The software will be set to the number of users as purchased and may not be copied.
- # Server prices are based on the number of concurrent users expected (not total number of users).

Please note:

Full time Bona fide undergraduate dietetic/nutrition students registered at acknowledged nutrition/dietetic departments may purchase the product at a reduced rate (**R 500.00** incl. VAT). **Full time Bona fide postgraduate** dietetic/nutrition students registered at acknowledged nutrition/dietetic departments may purchase the product at a reduced rate (**R 1710.00** incl. VAT). Each student who purchases the product will become a registered user. Selling a program at the student price will be subject to the approval from SAFOODS, based on proof of registration as a *bona fide* student. In order to qualify for the reduced price students must submit a letter from their department head to confirm that they are full time *bona fide* students. This letter must accompany the order form. The special offer for students expires on **29th September 2017** for undergraduates and postgraduate students.

How to order:

Send a completed order form to foodfinder@mrc.ac.za and await approval of your order from the Medical Research Council. After **approval**, has been **granted**, make payment to: **Medical Research Council**. If paying by bank transfer, fax the proof of payment immediately after making the payment Fax: (021) 938 0310 or Email: foodfinder@mrc.ac.za.

Before making a payment ensure that your order has been approved.

For more information and/or enquiries, Email: foodfinder@mrc.ac.za

Banking Details:

ABSA

Client name: SOUTH AFRICAN MEDICAL RESEARCH COUNCIL
Account No: 3-9000-0383
Branch code: 632005
Reference: **FF3+initial+surname (e.g. FF3TJONES)**

PLEASE ALLOW 2-4 WEEKS FOR DELIVERY OF THE CD.

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